

# Knitting Now In The South



February 2005

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## From The Editors!



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Here it is, the second month of the new year - and the ideal time to be getting a lot of machine knitting done - too cool to do much outdoors. What better time to have fun working on our machines - planning, swatching, and then getting down to the knitty-gritty, and transferring those plans to the machine!

Our Executive Committee has been working hard this past month. We're so excited about it that we can hardly contain ourselves!

The executive committee members have been wearing out our fingertips, emailing back and forth many notes a day working out the details. Read the President's message and you'll see why....oh well, here's a hint: We've decided to do something for the Guild that all members can participate in. This means ALL members even those who live as far away as Australia and England, as well as all members who live here in the States and close to the Carolinas!

We urge each and every one of you, beginners to advanced designers to carefully read Cathie's note and any other information that follows in this newsletter.

Have a very happy and safe February and come back as excited as we are!

Roz and Jan

## FROM THE DESK OF THE PRESIDENT

What a newsletter this one is going to be! There's so much in store for the Carolina Machine Knitting Guild!

The first thing you need to do is to stop reading this column (but do come back when you've read the one I'm sending you to) and go read about *The First Annual Carolina Machine Knitting Guild Contest*. Go ahead...I'll wait.

Can you believe it? Isn't this contest going to be the best one you've ever heard about? Get your knitting caps on and start thinking about what you want to enter! There's a category for everyone whether you like knitting clothes or decorations for your home and whether you're just a beginner or have been knitting for awhile. I also hope you noticed there's seven big prizes to be given. But to win, you've got to enter.

You also need to check out the proposed changes in the Guild Bylaws. We've needed to bring them up to date for some time now. The Executive Committee has spent some time going over each section, and we believe you'll agree with all the changes we're proposing. We'll publish the proposed changes again next month, just to be sure everyone has a chance to read them. If you have any questions or if there's a part you don't agree with, please contact me. You can email me at: [csanders@northtipton.com](mailto:csanders@northtipton.com) or you can call me at 423-323-7481. If there are no questions or problems, the new bylaws will go into effect April 1.

Please do note the proposed bylaws changes our Guild Year. Instead of beginning our year

October 1, we are proposing the new year begin January 1. We believe this change will make it easier for all to remember to renew their memberships since almost all other subscriptions revolve around the calendar year dates.

I hope February is a fun and productive knitting month for everyone. And I hope you have lots of ideas of items to knit for the contest!

Cathie Sanders  
<http://www.northtipton.com>

**PLEASE NOTE: THE ABBREVIATIONS USED IN THE PATTERNS IN THIS NEWSLETTER ARE LOCATED ON PAGE 12 WITH THE EXCEPTION OF MAGGIE'S PATTERN, WHICH ARE INCLUDED WITH HER PATTERN.**

## ROLL BRIM HAT WITH BEADED TRIM! by Roz Porter

This is the hat I told you I was going to knit for my after-Christmas project. It was inspired by a hat I saw in a hand knitting book by Jane Davis, *Knitting With Beads*. I've made 2 of them, both on the LK 150. My first hat was just like the one in the book, white wool with black pony beads. The other was made with some yarn I spun myself, a worsted weight yarn. I hope you try it, it's easy and makes a great looking hat.



**Machine:** LK 150 or Mid Gauge Machine

**Beads:** It took 130 glass beads purchased in a package at Hancock Fabrics (no size marked on the package but the holes looked big enough to go through a stitch). Ps I didn't count the black pony beads but 1 package from Walmart was enough.

This pattern was generated from Lucia's Easy Roll Brim Hat Generator at:

<http://www.thedietdiary.com/knittingfiend/Hats/Hat.html> Lucia generated it for hand knitting and I translated it to a machine knit pattern..

**Bead Tool** if you have one or a small crochet hook or use a needle and thread (see how I added the beads below)

With WY, Ewrap c.o. 89 sts and Knit a few rows ending with carr on left. K 1 R with ravel cord. With Hat Yarn, E-wrap c.o. over the ravel cord. K 3 1/2 inches.

### Begin beading.

**1st Bead Row:** Put one bead onto EOS like this: Working from the right, \*skip 1, bead 1 \* repeat from \* across ending with bead 1, skip one. K 3 Rs. I had to manually knit the first 2 Rs but don't despair, it works. I actually didn't knit the stitch that contained the bead, I ran the yarn over that needle and knitted the stitches on either side.

**2nd Bead Row:** Put a bead onto EOS as above but Working from the left, \* skip 2, bead 1 \* repeat from \* K 3 Rs (again hand knit if you have to).

Repeat Bead Row 1, 1 more time & repeat row 2 again if you wish. Continue knitting hat until length measures 7 inches.

### Decreasing for the top:

Working from the right, transfer 1st st to 2nd st, skip 3, transfer st 4 to st 5, skip 3...continue across, transferring a st then skipping 3 all the way across. You should have 4 sts and a space all the way across. Move your sts from the left toward center filling in holes, move the sts from the right toward center filling in the holes. K 4 Rs.

Working from the right transfer 1st st to 2nd st, skip 2, continue across. You should have 3 sts tog and a hole all the way across. Move stitches tog as you did above. Knit 2 Rs.

Working from the right, transfer the first st to the left, skip 1, continue across transferring EON to the left. You should have 2 sts together and a hole. Move the sts in again toward the center as above. K 1 R.

Working from the right transfer EON to the left. K 1 R.

Break the yarn leaving enough to sew up the seam. draw through the open loops taking off the needles as you go across. Pull tight. The top might look gathered. This will stretch out when you wear the hat. If you have a nice round bowl that the hat fits on, put the hat on the bowl and steam or steam and put it on your head damp to block. (you'll have a bad hair day but it's worth it)

**HOW I APPLIED BEADS:** I really wanted to use these colorful beads but nothing I had would fit into the hole except a sewing needle so that's what I used. You might think this is tedious but I think it's worth the effort. Your beads are NEVER going to come off if you put them right on the stitch as you knit.

Thread needle with any sewing thread, it's not staying so it doesn't have to match. (hereafter called SN for sewing needle). Thread 1 bead onto SN and put SN through stitch on machine. Take stitch off onto SN, bring SN over stitch and back through top of bead making a loop of sewing thread through your stitch which allows you to pull stitch through bead. Don't worry if you pull stitch, it will even out. Put stitch back on machine needle. Remove SN and thread. With 3 prong tool insert below stitches and tug a little on the stitches on the needle to even them back out. Make sure bead stays below needle and the stitches on either side stay knitted (re knit them if you have to.)

If you want to do this over a period of a couple days **remove all weights** and just leave the work hanging on the machine, with no weights it won't stretch out of shape.

#### **ADDITIONAL TIPS FOR KNITTING WITH BEADS**

*Olwen in England tells us:* I buy my Knitting-in Beads from <http://www.bsk.co.uk> who has an Online Catalogue for both Machine Knitting and Sewing Machines plus all the accessories, etc. The beads come in tubes of approximately 135 beads. I am sure there will be other machine dealers who will be able to supply these beads in America and Canada.

One item of interest is that when these beads are used, especially if using Tuck Stitch and you wish to use either the knit side or the purl side of the knitting as the right side, the beads look the same on either side, since the stitch goes right through the middle.

Another point, if using them on lace knitting, you must keep an eye on the beads if they are to be added where three stitches are held on one needle. This can cause them to "drop off" and you know how awkward it is to pick up lace stitches.

The knitting beads that I buy have reasonably big holes into which it has been suggested a bead tool be placed. However, I find this tool to be a bit thick, so instead I use the threader from the Hague Linker as it is much finer and has a very small hook. Alternatively, a very fine crochet hook can be used instead.

On the st where I want to place the bead, I remove the st from the needle, insert the tool two Rs down, then hook on the bead through the st, then replace the st on the needle

and reknit the last thread using the single tool. This ensures the bead goes under the needle and does not prevent the carriage from going across. Happy beaded knitting,

*Olwen in England*  
([olwin.carne1@ntlworld.com](mailto:olwin.carne1@ntlworld.com))

#### **STUCK CARRIAGE ---- HELP!!!!**

by Sandee Cherry

This is what tech service would have me do when this would happen to one of my machines or a customers and it always worked.

First I will tell you why it happens so in the process it might help you or someone else not to have it happen. It's kinda scary when it does happen! I remember 22+ years ago thinking I was going to have to send my machine across the country with the carriage on it to get it fixed, I called the company and following is what they had me do. Once I found out why it happened, I never had it happen again.

Any time you move your Change Knob make sure it is sitting inline with NL, KC, KC (I), KC (II), CR, or what ever your carriage has listed on it. For instance if you or going from normal knitting to fairisle and the line on the knob is not directly inline with the NL or KC it is likely to happen to you. Many times I was in a hurry when knitting and the older machines had a little play in the knob so I wouldn't get it lined up like it should be and it would jam.

Now if it ever happens to you the first thing you do before you do anything else is try to turn your change knob straight up to CR without stopping and you should be able to lift the carriage off. If you move it anywhere but straight up to CR it will lockup and won't move.

You have a needle which is out of the track under the carriage is the reason it won't move. You shouldn't have to take pliers or anything to the needle that is jammed. Take off the sinker plate which is the front piece on the carriage and lay it aside. If you have any needles stuck under the sinker plate wiggle it a little until you can get it loose. Next, this may really sound odd but put a cloth over the end of the carriage and take your fist and hit the end of the carriage. Do this on each end of the carriage trying to jar the carriage enough so the needle will pop back into place. You may have to do it a few times to get it to pop. I sometimes had to use something other than my fist because my wrists are weak. I had to do this to many machines that belonged to customers and it never hurt any of the carriages, it hurts your fist more!

Good Luck, Sandee

## FALSE RIBBING

by Judi Meissner

I was looking through some old punchcards and ran across a card that had printed on it "False rib" this turned out really well when I did a swatch today.

The card is punched:

```
XX ** XX ** XX **  
** XX ** XX ** XX
```

Both tuck buttons on. On the knit side it really looks like 2X1 or 2X2 ribbing; on the purl side it looks like crochet. It's a great trick for those who do not want to do ribbing and have the edges stay flat.

Judi from IN  
Jmeissner@nwitech.net

**The Stitch World Book I**, pattern #30, using tuck and the double wide stitch button on an electronic machine, yields the same results.

Linda Lilley  
Lindal@rochester.rr.com

**A NOTE FROM JAN:** The following appeared in the December 2003 Issue and, unfortunately had some errors made by me. Following is the pattern with the corrections.

## CHRISTMAS TREE HAT FOR PREEMIES & NEWBORNS

Original Hand Knit Pattern

by Patti Pierce Stone

Adapted Machine Knit Version by Jan Burch



**Sized** for a medium preemie -- (large preemie, newborn) in parenthesis.

**Standard Gauge machine**  
(4.5 mm)

**Yarn:** Approx. 1/2 oz of: Tamm's Rayito or Cancun; Triola's Cotton Tale 8, or baby yarn in dark green. Small amounts of red and yellow of one of the above yarns.

**Tension:** Approx. 7

**NOTE:** The original hand knit pattern is a circular pattern but because of the knit and purl rows, I found it easier to knit it flat. I used my garter bar to flip the sts to make the different types of rows. The only thing you have to really remember is that you have to move the carriage from one side to the opposite side each time the fabric is flipped - you could do this by using your part

buttons, your Hold button or just removing the carriage and putting it on the opposite side. ... If you preferred, you could also do this with a garter carriage.

## INSTRUCTIONS:

Cast-on 60 (66, 72) sts. K 15 (18, 20) Rs.

Either remove on WY or garter bar, turn and rehang sts on the same needles. K 2 Rs. (purl rows). Either remove on WY or garter bar, turn and rehang sts. K 5 Rs.

On R 23 (29, 31): --- should say: 23 (26, 28):

\* Transfer every 8th (9th, 10th) st onto the adjacent needle. Eliminate the empty needles and then K1R before removing on waste yarn or garter bar. Turn and rehang sts on those needles. Knit 2 rows. (purl) Remove, turn and rehang sts.

Row 26 (29, 31): \* Transfer every 7th (8th, 9th) sts, to the adjacent needle. Eliminate the empty needles, and knit 5 rows.

On row 31 (34, 36): \*transfer every 6th (7th, 8th) st, the adjacent needle. Eliminate the empty needles and then knit 1 row. Remove, turn and rehang sts on the same needles. Knit 2 rows (purl). Remove, turn and rehang sts on the same needles.

Row 34 (37, 39): \*transfer every 5th (6th, 7th) st onto the adj. needle. Eliminate the empty needles. Knit 4 rows.

Row 38 (41, 42): \* transfer every 4th (5th, 6th) st onto the adj. needle. Eliminate the empty needles. Knit 1 row. Remove, turn and rehang sts on same needles. Knit 2 rows. (purl) Remove, turn and rehang sts on the same needles.

Row 41 (44, 46): should be: 41(44, 45)

\* transfer every 3rd (4th, 5th) st onto the adj. needle. Knit 3 rows. Eliminate the empty needles, then knit 1 rows. Now, remove, turn, and rehang on the same needles. Knit 2 rows. (purl). Remove sts and rehang on the same needles.

Row 46 (49, 51) --- should be: 47 (50, 51)

\* transfer every 2nd (3rd, 4th) st to its adj needle. Eliminate the empty needles. Knit 1 row. Remove, turn, rehang on the same needles and knit 2 rows. (purl) Remove, turn, and rehang on the same needles.

Row 49 (52, 54): should be: 50 (53, 54)

\* transfer every 1st (2nd, 3rd) st to the adj needle.

For Large Preemie and newborn only:

\* transfer every 0 (1st, 2nd) st to the adj needle.

Row 41 (44, 46): should be: 41(44, 45)

\* transfer every 3rd (4th, 5th) st onto the adj. needle. Knit 3 rows. Eliminate the empty needles, then knit 1

row. Now, remove, turn, and rehang on the same needles. Knit 2 rows. (purl). Remove sts and rehang on the same needles.

Row 46 (49, 51) --- *should be: 47 (50, 51)*

\* transfer every 2nd (3rd, 4th) st to its adj needle. Eliminate the empty needles. Knit 1 row. Remove, turn, rehang on the same needles and knit 2 rows. (purl) Remove, turn, and rehang on the same needles.

Row 49 (52, 54): *should be: 50 (53, 54)*

\* transfer every 1st (2nd, 3rd) st to the adj needle.

For Large Preemie and newborn only:

\* transfer every 0 (1st, 2nd) st to the adj needle.

### Finishing:

Cut a long tail and thread a tapestry needle or double eyed needle, and go through the 9 sts left on the machine. Remove from the machine and pull tightly. Bar tack the last st. then seam up the cap, matching the purl rows to the purl rows and the knit rows to the knit rows...

**Decorations:** Thread tapestry needle or double eyed needle with red yarn and satin st over 2 knit sts, 3 times to create ornaments. Create a pompom with yellow yarn and sew securely to the top of the "tree"!

Note from Patti Pierce Stone, the author of the Hand Knit Pattern who has kindly given us permission to put in the newsletter: "This is a pattern for charity - neither it, nor items made from it, are to be sold. Feel free to make copies for your charity crafting/groups. If you choose to make these for yourself or family, please also consider making a pair for charity! Not sure where to donate these? check the charity links page at: <http://www.p2designs.com>

## MORE ON THE SUBJECT OF DISPOSING OF YOUR MACHINES --- LABELING KNITTING MACHINE PARTS

by Lola Luster

Since I have several machines, both Brother and Studio, I took a black permanent marker and marked all pieces as to the machine--such as 965i or 360. There is a difference in clamps for the two types of machines.

Studio has a longer and thinner part of the clamp that goes into the machine. The transfer tools are also a very tiny bit different length. The 1x1 pusher for the ribber is different. The Brother has shorter teeth than the Studio. If someone else had to sort out the parts they would never know this. Now, I'm not planning to expire anytime soon but I wanted this done. I'd rather be safe than sorry.

## EASY TRIANGLE SHAWL

From the Lesson Notes of Jan Burch, given by Fran Riley, at Fran's Knitting Boutique, Laurel, MD in 1983.

Using a loose tension for the yarn (if a 2/17 yarn, use a T-6.) Starting out on ndl 100 to left of center "0", c.o. 3 sts, K1R on the 3 sts. Inc 1 st on the right, EOR up to 100 or more ndls.

Start dec after point of second 100 ndls has been reached. With the carr on the left, put loop from needle 100 onto ndl 99, using the single prong tool. K 2 Rs, repeat transferring the loop to the ndl to the left, until only 3 ndls are left. Latch tool off these 3 sts. Add fringe if you would like to do so.

Olwen said: "Some time ago, I read a message from a knitter who suggested we all open a File and call it Household Chores (or whatever we do not care to do - those which prevent us from knitting). After opening the File, we can then Delete it and all those horrible things are gone forever. , wouldn't it be lovely????

Olwen in England

## ESSEX COUNTRY STYLE COLLECTION. "LEIGH"

© 2004, by Maggie Andrews



**Editor's Note:** *Maggie's skirt pattern is in this issue, the sweater will appear in the March issue.*

## ABBREVIATIONS

alt alternate[ly]	approx approximately
beg beginning	c1, c2, etc. contrast
color	
cal carriage at left	car carriage at right
carr carriage	circ circular [tubular]
cm centimeters	cont continue[ing]
dec decrease[ing]	ea each ev every
f1/a [f2/b] feeder 1/a [back feeder. feeder 2/a [front feeder]	
ff fully fashioned	fnr full needle rib
folll following	g grams
h5 [6, 7, etc] Set ribber to half pitch on number shown	
hp holding position	k knit inc increase[ing]
kwy knit several rows waste yarn and remove from machine	
m meters	mb main bed mc main color
mm millimeters	mt main tension
mt+1 [2, 3, etc] 1 [2, 3, etc] full sizes looser than mt	
mt-1 [2, 3, etc] 1 [2, 3, etc] full sizes tighter than mt.	
n/ens needle[s]	nwp non working
position"o" center 0	opp opposite
p5 [6, 7, etc] Set ribber to full pitch on number shown	
patt pattern	rem remaining
rep repeat[ing]	r/rs row[s]
rb ribber bed	rc row counter number
st/sts stitch[es]	st st stocking stitch
td tension dial number	tog together
trans transfer	wy waste yarn
uwp upper working position	wp working position
wyrn wrap yarn round first inside needle in holding position	

**MACHINE.** Suitable for all standard gauge machines with ribber.

**MATERIALS:** Bramwell Hobby, 2 cones Royal blue = mc. Use 2 strands of yarn for the top. Small amount of white used double for the top = c 1. Use Royal as instructions for the skirt. You will also need some 2 cm wide elastic cut to your waist measurement plus 1 cm. For evening wear you could use Lurex yarn for the contrast color. You will need an In-Ex shadow pleat steaming kit to finish the skirt.

**TENSION.** Wash, dry and steam press swatch before measuring. Main tension 30 sts x 40 rs to 10 cm (4") over st st with mc used double = td approx. 7.

**SIZES: Bust**32/34, 36/38, 40/42, 44/46 ins.  
82/87, 92/97, 102/107, 112/117 cm.

**Hips** , 36, 38, 40, 42, 44, 46, 48 ins.  
87, 92, 97, 102, 107, 112, 117, 122 cm.  
Skirt length 66, 71, 76 cm 26, 28, 30 ins.

**NOTES.** Instructions are written for the first size, larger sizes follow. If one figure is given it applies to all sizes. Knit side is right side of main part of top. Purl side is right side of main part of skirt.

## SKIRT

**Main Part.** Knitted sideways. Cast on sts for length required 133, 143, 153 with wy and k a few rs ending with cal. With nylon cord k 1 r, rc000. \* With 2 ends mc, mt-1, k 4 rs. Remove 1 end mc from yarn feeder. With 1 end mc, mt-4, k 6 rs. \* Do not cut the end not in use but carry it up the edge. This is the waist edge.

Rep \* to \* until rc 640, (670, 710, 740, 780, 810, 850, 890). Hang marker at both sides, rc000.

Rep \* to \* until rc 640, (670, 710, 740, 780, 810, 850, 890). Pick up sts on nylon cord onto on same ns. Using mt, k 1 r. Pull out nylon cord and remove wy, k 1 r very loosely by hand pulling ns back to nwp. Pull ns forward to bring ns back to wp, latch off.

**Waistband [2 pieces]** Cast on 96, (100, 106, 111, 117, 121, 127, 133) sts with wy and k a few rs ending cal. With nylon cord k 1 r, rc000. With 2 ends mc, mt, k 18 rs. Pick up sts on nylon cord onto same ns, k 1 r. Pull out nylon cord. With knit side of Main part facing pick up sts from the waist edge. Starting at the seam, pick up 1 st from the first thick section, then 2 sts from next thick section. Cont picking up in same way to marker, k 1 r, cast off. Work other half of waistband in same way.

**STEAMING.** Steam carefully on an In-Ex shadow pleat kit to your chosen length. Follow the instructions that come with the kit. When your skirt reaches the desired length, remove kettle, remove ribber weights and measure the length again. It will quite often pop up and measure less. Add the difference to the original length required and re-steam to the correct length.

**MAKING UP.** Join one waistband seam. Thread in elastic and join into a circle with 1 cm overlap. Join other waistband seam.

## NEW MEMBERS:

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## PREEMIE BABY HAT

by Joan Stiles

**YARN:** fingering weight or 2 strands of 2/24.

C.o. in 1x1 rib, 80 sts. T - 4/4; rib for 20-24 Rs (The hospital asked that we make wide ribbing so they can double it) otherwise, K 12 Rs.

Set to English rib\* and K 80 more rows.

**\*ENGLISH RIB:** Brother machines - MB carr is set at NL, and plain. RB carr is set at N on the left, P to the left of the dial and PR on the right. Lili button is to the left and the bottom lever is to the left. Use your small wts hung on the L or wire loop wire.

Swing ribber over so that the rib stitches are directly below the main the bed stitches. Transfer rib stitches to the main bed. Knit 3 rows on the every other needle and take off on a double eye needle. Pull top together, and seam.

Once you have done it, you can easily make about 8 in 1 hour and then you sew them together at night while watching TV.

Joan Stiles was my Guru. I bought my first machine from her in 1973 and every other one up to my 970.

Villie Nobile -

## COLOR BLOCK BABY BLANKET

by Kelly Feibes

[www.primarilypracticalknits.com](http://www.primarilypracticalknits.com)



I make this blanket on a Bond machine, but with a gauge swatch and your desired measurements at hand, it could be done on any machine. It's simply 3 panels of plain stockinette stitch, joined by the seam-as-you-go method. Each panel has 4 equal blocks of color. After the blanket is finished, a crocheted edging is added.

Using Red Heart Super Saver yarn, and Bond KP 3, my finished blanket is approximately 31" x 37". It uses approximately 180 g of one color, and 140 g each of two other colors. Each square requires about 30 g, and someday I will make one with 12 different colors!

A C B  
C B A  
B A C  
A C B

Designate which color will be A, B, or C. I use a grid in Microsoft Excel to try different arrangements to see which looks best. I've done one where A - pale yellow, B - light sage green, and C - soft white. In the primary colors blanket, A - yellow, B - blue, and C - red.

In the chart above, you are looking at the backside of the blanket. The first panel to be knit is the one on the left, so you start with color A, then change to B, C, and back to A again. Then you knit the middle panel, starting with color C, and joining the first panel at the left-hand edge as you go.

### Knit first panel

1. C.o. on 42 sts with WY and a ravel cord.
2. With color A, work a closed c.-o. across all needles. (I like the double e-wrap.) Carr on right. If desired, hang a bobby pin on the yarn at the carr side every time the carr is on the right, to assist with the seam-as-you-go technique. I usually hang bobby pins just at the beginning, end, and color transitions where I might get confused.
3. Starting with row counter at 000, K 54 Rs. Cut color A and join color B.
4. K 54 more Rs (RC108), and change to color C.
5. K 54 more Rs (RC162), and change to color A.
6. K 54 more Rs (RC216). Carr on right. Bind off by your preferred method.

preferred method. On the Bond, I will knit one more row to the left, but do it manually so the stitches are enlarged. Then I use the latch hook to do a crochet bind-off right to left.

### Knit second panel

1. C.o. as in steps 1 and 2 above, but starting with color C instead of color A.
2. After c.o. with color C, but before knitting the first row, pull out the ndl at the far left side. Use the first bobby pin on the previous panel (on the starting color A block) to hang that first stitch on the left-hand needle. Return the ndl to a position from which it will knit.
3. Starting with row counter at 000, K 2 Rs. Don't forget to hang bobby pins on the right if desired.
4. Hang another first-panel st on the left-hand ndl, and K 2 R rows.
5. Repeat step 4 until you've reached RC054. Change to color A.

6. Continue knitting in this manner, hanging a first-panel st everytime the carr is on the right, and changing colors again, as indicated by diagram, at RC108 and RC162.

7. Bind off the same way you did the first panel.

### Knit third panel

This is done exactly as the second panel, except there is no need for bobby pins on the right edge. Be sure to start with color B, and change colors according to the diagram. The previous two panels will be joined to this one on the left edge. When you bind off the third panel, you're ready to add an edging such as the one I found at: <http://members.aol.com/lffunt/blankbind.htm>

Or, you could use the worm st or any other that appeals to you. I choose a color to be the "main color" (just the one that will look best, not necessarily color A). While working a "main color" row of single crochet, I work in as many loose ends as possible, so they will be nicely hidden inside the edging.



## GET ME OUT OF THIS KITCHEN AND BACK TO MY KNITTING !

### Slow Cooker Hints

From the Betty Crocker Web Pages

Slow cooking is the best way to keep pace with our busy lives, because the meal you're making requires little or no attention while it cooks.

Slow cookers range in size from a 1 to 6 quart capacity. The 1-quart size is perfect for making and keeping dips and spreads warm for a party. The others are ideal for one-dish meals.

Here are some hints that will help you come up with a winning meal. Using these hints you can be assured that what goes in the cooker will come out bringing smiles and praise from your family. You can use Betty's Keyword Search for "slow cooker" to find recipes on the Betty Crocker web site at: [www.bettycrocker.com](http://www.bettycrocker.com) Want even more recipes? Go to Google and search for slow cooker recipes, you'll be amazed at what you'll find.

Most slow cookers have low and high control settings. At low, the long cooking time of 8 to 10 hours fits with working schedules. At the high setting, food cooks approximately twice as fast as on low heat. These tips below--and a slow cooker--are all you need for a delicious, home-cooked fix-and-forget meal!

a.. Know your appliance. A slow cooker is different than a warming pot! Slow cookers are self-contained, with the heating elements wrapping around the cooker. Warming pots have the heating element below the container.

Because warming pots cannot reach a safe cooking temperature, they should not be used for slow-cooker recipes.

b.. For easy cleanup, spray the inside of the slow cooker with cooking spray before adding the food.

c.. Enjoy the rewards of slow cooking by using less-expensive (and less-tender) cuts of meat. The moist, gentle heat slowly tenderizes these cuts as they cook.

d.. Cut any extra fat from meats before placing them in the slow cooker to reduce the fat in the final recipe. Skim the fat from soups or stews with a spoon, or place a slice of bread on top of the mixture for a few minutes to absorb the fat.

e.. Cook and drain ground meats before adding them to the slow cooker. This destroys harmful bacteria.

f.. Chop or slice vegetables as directed in the recipe. Some vegetables, such as carrots and potatoes, may take longer to cook than meats. Place larger pieces of vegetables near the bottom or along the sides of the slow cooker, and place the meat on top.

g.. Thaw frozen vegetables before placing them in the slow cooker, or rinse them with warm water to separate.

h.. Use the amount of liquid called for in the recipe. Liquids don't evaporate and reduce.

i.. Use dried leaf herbs rather than ground because they keep their flavor better over the long cooking time. Or stir in fresh herbs during the last hour of cooking.

j.. Add dairy products such as milk and cheese toward the end of the cooking time. Dairy products tend to separate and curdle if cooked for a long time.

k.. Fish and seafood can fall apart or get tough if they're slow cooked too long. Add these ingredients in the last hour of cooking.

l.. Pasta and rice will be at their best if you cook them according to package directions first, then add them to the slow cooker just before serving.

m.. Add tender vegetables such as fresh mushrooms, tomatoes and zucchini during the last 30 to 45 minutes to prevent overcooking.

n.. Add only thawed or partially cooked foods such as browned poultry to your slow cooker--no frozen meats or vegetables.

o.. Do not cook whole poultry, such as a chicken or Rock Cornish hens, in a slow cooker because safe cooking temperatures cannot be reached quickly enough near the bone.

p.. Fill your slow cooker one-half to three-fourths full of food to ensure that the liquid doesn't simmer away during the long hours of cooking.

q.. Keep an eye on the clock. For food-safety reasons, slow cooker recipes containing raw poultry

or beef should cook a minimum of 3 hours.

r.. Keep the lid on! Removing the lid allows heat to escape and delays the cooking time by 15 to 20 minutes. Be sure to check for doneness just at the minimum cook time.

s.. Cool the slow cooker slightly before adding water for cleaning. Otherwise, the liner could crack.

**Now you can get back to your machine, we have a contest calling you**

## BEGINNER'S CORNER

*If you have a beginners hint you feel would be a great one for this column please feel free to share it with all of us. Beginners, you often have better hints than the oldtimers do, let's hear them!*



### Roz suggests.....

Buy yourself a package of Price Marking Tags at Office Depot or any place that sells office supplies. They come with little strings attached. I make sure I buy the size big enough to get a reasonable amount of information on, 1 3/4" x 1 3/32" is the smallest I get. When you make a tension swatch, write your carriage tension, the ribber tension, the gauge and even pattern number if necessary on your tag. Use the attached string to tie to the swatch and you'll have a permanent record of your tension swatch.

### Jan's suggests.....

Also write on the tag the machine that the swatch was knit on! --- I've always marked my swatches by transferring (making eyelets) the same amount of stitches as the tension number on the left hand side of the swatch after the 60 or 100 marker row (and if it was a 6.2 tension, then I transfer 2 sts on the right hand side of that same row). This has worked very well for me for years but recently, wanted to knit something on my Brother machine but have a strong feeling that I knit that swatch on my old Toyota 901 that I sold last summer! I wanted to knit something on my Brother machine but have a strong feeling that I knit that swatch on my old Toyota 901 that I sold last summer!

## DOUBLE E-WRAP CAST-ON

by the Frog Stitcher (aka Jan B)

Pull all of your needles out as far as they go (D on Studio/Silver-Reed; E on the other Brother machines). Starting from the opposite side from the carriage and with the yarn in the upper antenna assembly, e-wrap the first 2 needles (you form cursive e's with your garment yarn around the needles). You can attach a bull-dog clip or clothes pin to the yarn end. Now, take the yarn from the upper antenna and lay it across

1st needle hook and pull through the e-wrap and push the needle back out to E position. Ewrap needle 3, and lay the end in the latch of needle 2 and pull back through the e-wrap (you now have 2 double knit sts)... Continue clear across your c.o. row to the end. Thread your carriage and knit your first row. Pull the needles out as far as they will go for at least 3 more rows - and you will have a firm foundation at the beginning of the item you are knitting.

## SHORT ROWING and WRAPPING

by Jan Burch

**QUESTION:**Someone wrote on one of the knitting lists that she was trying to short row the shoulder and wanted to know how to read the directions: if there are 20 sts on a shoulder and the author has the sts in groups of 5-5-5-5 do I short row five at a time or one at a time.

**REPLY:**Put Hold lever on: Then (each number 5 stands for 5 sts) - you push 5 needles into Hold (E position), K1R, take the yarn end and slip it between the first 2 needles in hold, this is called a "manual wrap" - which is done to prevent a hole between the sts in hold and the sts still in work. K1R back; pull 5 more needles into Hold, and repeat the K R, wrap yarn, and K R back - continue until all but the last 5 sts are into Hold position. To do an "automatic wrap": when directions say to put 5 sts in HOLD, you pull 4 needles into Hold, K1R, then pull the 5th needle into Hold - then knit your row... That's it! -- I generally prefer to use the manual wrap.

After all of the required sts are in Hold, push them almost up to D\* position (on the Brother its OK to be on the D line on the Toyota, they have to be closer to E but definitely not on the D line, if you do, the sts get zapped!) and K1R over all of the shoulder sts in Hold position - this will give you a nicer edge to your shoulder line and also will make it easier to rehang and join the back and front shoulder together - no double sts to fret about.

(\*The manual refers to the middle position as UPW - or upper working position which has always seemed to be a misnomer to me. - it is actually D on the Brother and Toyota machines and C on the Studio/Silver-Reed machines.)

## DO YOU KNOW WHAT CARD 1 REALLY IS?

Seedstitch: It's Row 1: K1, P1 and on row 2: P over K and K over P, repeat these two rows. In my native country this is called a "gerstekorrel" which means barley grain or just grain.

Beeuw van Kuijeren in Stetson, Maine  
Beeuw@yahoo.com

## INEXPENSIVE AND EASY SOCK BLOCKERS by Mary Moran, The Knitting Zone.com

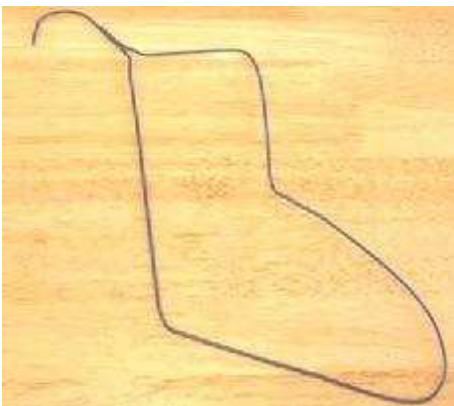


I wanted blockers/stretchers to photograph and dry my hand knit socks. This is how I made them. Start with an inexpensive plastic coated wire hanger from Wal-Mart or other discount store. Grab the center of the hanger and pull it down as shown in the photo.



Look at the picture just above. Bend #1 like you see in the picture. Bend #2 up as shown to the left (its about 3" wide).

Put your sock on your new blocker and "tweak" it until it fits just the way you want.



## Instructions for Replacing Your Sponge Bars by Nina Lane

### Materials:

- Foam strip – this is sold as weather-strip or weather seal and sold in various home and hardware stores. Some of the brands I have found are:

From Home Depot - Frosty King. For the standard, it is 3/8" width for the standard. There are 1/4" and 5/16" thick - the one you want will 'squish' easily when pressed - there is another but it is much too thick as I have tried it and rejected it. This will be a 'hit or miss' because I have found that it is not always available in Home Depot.

From Ace Hardware - I remember liking this brand over the Frosty King. I did the same thing - just squished the foam - to determine whether it might work or not. If it were spongy enough, I would try it.

Note – be sure to measure the width of your sponge bar and match the width of the weather-strip to it.

- A good tacky glue for fabric. I use Aleene's Tacky Fabric Glue. This is just wonderful stuff for all kinds of projects and it does last a long time. NOT waterproof, unfortunately, but very flexible.
- A good quality, woven-edge ribbon. I have used Ofray and Grayblock ribbons, something made of nylon which has a very smooth and shiny finish. Match the width of the ribbon to the width of the foam and bar.
- Flat-edged tool for scraping off the extra foam and glue, like a screwdriver.

- Straight pins, the long kind like quilter's use.

### To Replace the Foam:

1. First remove all of the old foam by scraping it away as cleanly as possible. It is not really necessary to completely clean off the old glue unless there is a lot of it and is not scrapable – then use something like De-Solve-It to remove the glue traces. Some will try to pry the ends of the sponge bar to remove the foam – I find this is not necessary, just snip off all foam up to the ends.

2. Beginning at one end and doing a few inches at a time, start unrolling the weatherstrip and place glue-side down along the entire length of the sponge bar. Cut the new strip right up to the end of the bar.

3. Working only a few inches at a time, place a thin line of glue along the top of the new foam, then place the ribbon shiny-side up on top of the foam. Press lightly to make sure the glue is evenly smeared and is holding the ribbon. Continue in this fashion for the length of the bar, snip off the ribbon at the end.

4. At both ends, I like to add a bit more glue to the foam (top and bottom) so it stays pretty secure to the bar

and the ribbon. I use the straight pins to anchor the foam and ribbon at an angle to the ends so that the foam appears to taper into the ends of the bar.

5. Let everything cure overnight. When dry, remove the pins.

6. Always be sure to insert your new sponge bar into the knitting machine with the sponge side down! And to prolong the life of your new sponge bar, remove it from the machine when you are not knitting.

I have made these for my Knitking machines – 890, 910, 930 and 260, as well as for the ribber. You can use these basic instructions for any make of knitting machine that uses a sponge bar.

Please feel free to pass this information along but with the usual caveat, that I am the writer of the above. Anyone wishing for more information may contact me at [nlane5@hotmail.com](mailto:nlane5@hotmail.com).

*Roz says: I LOVE this information, I have some older sponge bars I saved \*in case I need them or if the dealer runs out\*—(my thinking, no one told me they will run out)\*. I think I'm going to go ahead and make a new one out of one of the worst ones I have saved with the instructions above and then I'll have a brand new sponge bar ready and waiting. I'm also going to try the sponge listed on my LK 150, maybe it will work??*

#### GUILD MEMBERSHIP

Dues in the amount of \$20.00 are due October 1.

If people from other countries wish to join and receive their newsletters via the Carolinas Guild Group site, their fee will be \$20.00 as well.

When you send your dues in to the treasurer, please include your telephone number and email address along with your AREA CODE and address. Please make your check out to the CAROLINAS MACHINE KNITTERS GUILD, and send to Kathryn Doubrey, PO Box 384, Crawford, GA 30630, or send it via Pay Pal to: [KATHRYN@THEANSWERLADY.COM](mailto:KATHRYN@THEANSWERLADY.COM)

If you would like to submit an article, or an ad to sell an item, club meeting notice or seminar notice, please make sure your editors get it by the 15th of the month.

Any person who has an article or pattern published in the newsletter retains copyright ownership of the item. The newsletter has permission to print the item one time. Unfortunately, we can't pay anyone who has an article in the newsletter but a free ad is offered with a limitation of 100 words for these ADS.

### CAROLINAS GUILD OFFICERS

OCT. 1, 2004 THRU SEPT 30, 2005

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### CLUBS!!!

If you have a club that welcomes new members and visitors, please send the editor the information. If a club that is listed below has been disbanded, please send that information to the editor.

APPLACHIAN MACHINE KNITTER'S CLUB meets the 1st Thurs. of every month at the Slater Center, Bristol, TN-VA. Contact: Elizabeth Pennington at 423-652-7360

FIRST COAST MACHINE KNITTERS, meets on the 3rd Saturday of the month from 10:00-12:00 at the Presbyterian Apts at 1045 Oak St, Jacksonville, Florida. For information call Dorothy Brady (904) 388-4829

GOLD COAST MACHINE KNITTERS meet at the Westgate Community Center in West Palm Beach, FL, the 1st Mon. of the month at 10 a.m. New members or guests are welcome. Contact: Villie Nobile at 561-369-2141.

GRAND RAPIDS AREA MACHINE KNITTERS CLUB, INC. (GRAMKC) meets the 2nd Wed. of each month at the Kentwood Public Library, 4700 Kalamazoo SE, Kentwood, MI. Meetings from 1:00-3:00 p.m. Contact person: Nella Ten Broeke, [nellajtb@i2k.com](mailto:nellajtb@i2k.com), Hudsonville, MI 49426 616-669-1414.

HOLLAND AREA MACHINE KNITTERS IN HOLLAND MI meets the 4th Wed of each month (except June, July, August) at the home of Dorothea John at 12:30 p.m. Contact: Dorothea John at 616-392-3493 or email: [djohn49423@comcast.net](mailto:djohn49423@comcast.net)

KNITWITS KNIT CLUB meets the 3rd Monday in the Casselberry Fla Branch of the Seminole County Library on Oxford Rd. Doors open for set-up at 9:30 a.m. and meeting starts at 10 a.m. til 2 p.m. Bring a lunch For more info: email Joan Russell [Elizabethruss@aol.com](mailto:Elizabethruss@aol.com).

KRAFTY KNITTERS CLUB meets the 2nd Sunday of the month at Billie's Barn, 1174 Sardis Church Road, Buford, GA. Visitors are most welcome. Call Wayne or Debbie Adams, 706-654-2625 to confirm time and directions.

LONG ISLAND MACHINE KNITTER'S GUILD meets 1st Tues of the month at the Plainview Library, 999 Old Country Rd, Plainview, NY at 7:30 p.m. Contact: Dorothy Davoren 718-827-0589, e-mail: [Knuttyknitter941@cs.com](mailto:Knuttyknitter941@cs.com)

LOONEY LOOPERS of Nashville, TN, meets on the 1st Tues. of each month. at 7:00 p.m. CST. Contact: Joyce T. Cobbs at 615-333-6175

LOOSELY KNITS CLUB meets at 10 am. in Kernersville, NC, the 4th Wed. of the month. Contact Helen Jones at 336-584-9306 for further info.

MACHINE KNITTERS OF WESTCHESTER, NY, meets the last Thurs. of each month at 10:00 a.m. at a member's home. For Info: contact Elaine Yale at 914-793-1034.

MID-CAROLINA MACHINE KNITTERS meet the 1st Sat. of each month at 10:00 a.m. at McGregor Presbyterian Church, 6505 St. Andrews Rd., Columbia, SC. Contact Jodi Snyder at 803-407-4340 for further details.

PASSAP CLUB, Charleston, SC, Wed., and Sat., 10:00 am, at the home of Charlene Dempster, (843) 571-1910. The club meetings will be held on the 1st Wed. and 1st Sat. of the month at the above meeting place.

PASSAP CLUB, meets at Fran's Knitting Boutique, Laurel MD, the last Sat. of each month at 1:00 p.m. Meeting place has changed so contact: Fran Riley, 301-725-4264 for directions.

THE PASSAP KNITTERS OF KNOXVILLE TN meets the 3rd Sat. of each month at 10:00 a.m. Contact Diane Spector at 423-947-2177 for further info.

ROCLITH MACHINE KNITTERS CLUB meets the 2nd Sat of the month in downtown Petersburg, WV. 1-3 P.M. Contact: The Hillman's at: 1-800-240-5484-304-749-7754 for further info.

SUFFOLK COUNTY MACHINE KNITTERS GUILD meet the 2nd Thurs of each month at 7 p.m. in Long Island, NY. Call Carol Baum at 516-286-7224 for further info.

TENNESSEE VALLEY MACHINE KNITTERS CLUB meets on the 1st Tues. of Month in Knoxville, TN. Contact Francis Johnson for info, at 865-426-6498.

THE TIDEWATER KNITTERS of VA meets at Rainbow Quickerknits on the 1st Thurs of the month at 6:30 p.m. and on the 3rd Thurs of the month at 10 a.m. The club is open to all knitters, machines and hand knitters. Call Vickie Millett at 757-424-5442 for further info.

TRIANGLE MACHINE KNITTERS meet in Raleigh NC, 10 am the 3rd Sat of each month. Contact Ann by phone (919) 872-7781 or e-mail: [aphil@mindspring.com](mailto:aphil@mindspring.com) for particulars.

WOOD CREEK KNITTING MK CLUB meets the 4th Thurs. of each month at 1:30 p.m. at the shop in Dacula GA. We work with Silver-Reed & Artisan machines, however, owners of other machines are welcome. Contact: Judy Holloway at 770-271-0782.

THE WOOLY BUNCH meets the 1st Sat. of the month at 1:00 pm at Fran's Knitting Boutique in Laurel, MD. The meeting place has changed so contact: Fran Riley at 301-725-4264 for directions.

YARNAHOLICS UNANIMOUS meet in Gastonia, NC. 11:00 a.m. the 3rd Saturday of each month. Contact Mary Nixon at 828-428-9623 for further information.

YARN BARN KNITTERS meet every 4th Sat at the Hobby Lobby Community Room on Bells Ferry Rd. in Cherokee County, GA 10:15-12 noon Contact: Mary Douglas at 770-924-3997 for further info.

**Don't forget to read through the bylaws and send Cathie Sanders your input. Please feel free to question/write/call and help us with this. This is YOUR guild, not exclusively the Executive Committee's Guild. We need your input. Also read the contest rules and get started! You know you could use some extra money to jump start your Summer Knitting!**

**LOOK...**

## SEMINARS AND WORK SHOPS

### KRAFTY KNITTERS SEMINAR

The Krafty Knitters will host a seminar with Charlotte Richards on October 1 and 2 in Buford, Georgia. Make your plans now and write it on your calendar. The cost will be \$35 for members and \$45 for non-members. Lunch will be served both days \$2 extra per day or you may bring your own. Hours will be from 9:00 a.m. to 4:00 p.m. both days. Registrations are due no later than September 1, 2005. Contact Wayne or Debbie Adams at 706-654-2625 for additional information. Registration form will be mailed to you upon request. Deadline to register is Sept 1, 2005

### FELTING WORKSHOP INFO

DATE: APRIL 15-16. Set up is 6-8 pm Friday.

Work day is 9-5 Saturday

COST: \$60 Includes your lunch, all materials

and a full day of instruction

LOCATION: Oglethorpe County Library  
858 Athens Rd. Lexington, GA

OVERNIGHT ACCOMODATIONS are the responsibility of each student.

ALL MACHINE KNITTERS WELCOME any brand, any gauge, any age of machine

Contact Kathryn Doubrey for more information  
PH 706-552-6387

**Oley Valley Knits** April 15 & 16, 2005 in Boyertown, PA . Contact Dottie Custer at or at 610-987-3833 or email her at [oleyvalleyknits@msn.com](mailto:oleyvalleyknits@msn.com) for further information.

**Cardiknits' 20th Annual Seminar** in Hamilton, Ontario on April 29 & 30, 2005. For more information, please check <http://www.cardiknits.com>

### KEY TO OUR NEWSLETTER PATTERN ABBREVIATIONS

The following are the abbreviations used in most of the patterns in the newsletter.

A	- Out of Work Position	inc	- Increase
B	- B or Work Position	K	- Knit
BB	- Back Bed (Passap)	K1R	- Knit 1 row
carr	- Carriage	MB	- Main Bed
c.o.	- Cast On (Japanese)		
	CC	- Contrast Color	
MC	- Main Color		
COL	- Carriage on Left	MY	- Main Yarn
COR	- Carriage On Right		
MT	- Main Tension		
dec	- Decrease(ing)	ndl(s)	- needles
EON	- Every Other Needle	R(s)	- row(s)
	or Every Other Stitch	sts	- stitch(es)
EOR	- Every Other Row	T	- Tension
FB	- Front Bed (Passap)	WY	- Waste Yarn
			or Scrap Yarn

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